

Tibetan Homes School, Mussoorie
Class VII - Winter Assignment (New Batch) Year 2026

1. ENGLISH

- Q1.** Journal writing for 10 days of your choice with careful handwriting?
Q2. Read any two-story books of Children story writers like Roald Dahl, Ruskin Bond or Beatrix Potter and write book review on them?
Q3. Learn about Tenses and make two sentences each on all types of Tenses?

2. SOCIAL SCIENCE

། བོད་ཀྱི་རི་རྒྱུད་དང་གཙང་པོའི་སྐོར་ལས་འཆར་ཟེན་བྲིས་དགོད་རྒྱ།

3. TIBETAN

འཛིན་རིམ་བདུན་པའི་དགུན་ཁའི་གུང་གསེང་གི་རང་སྤྱོད་།
༡། ལེགས་བཤད་ལྡན་དབང་གི་ཅ་ཆིག་ངག་ཐོག་ཡོད་པ་བཟོ་རྒྱ།
༢། བདུན་པ་ལྷན་པའི་ཅོམ་སྤང་རེ་འབྲི་རྒྱ།

4. MATHS

1. What is the value of $(-1) \times (-1) \times (-1) \times (-1) =$ _____.
2. When a decimal number is multiplied by 10, the decimal point moves to the _____ by one place.
3. _____ is the only rational number which is its own Additive inverse.
4. The sum of _____ and $(\frac{-7}{8})$ is 0.
5. Write a statement for the following equation:
$$\frac{3m}{5} = 6$$
6. When $\frac{x}{4} = 3$, then $x =$ _____.
7. _____ Angle is equal to its complement?
8. Identify whether it's monomial, binomial and trinomial?

(i) $4y - 7z$ (ii) $1 + x + x^2$

9. State whether a given pair of term is of like or unlike terms.

(i) 1, 100 (ii) $4m^2p, 4mp^2$

10. Simplify combining like terms :

$$(3x^2 + 5x - 4) - (8x - x^2 - 4)$$

11. Find the value , if $n = -2$

$$5n^2 + 5n - 2$$

12. If $a = 0$, $b = -1$, find the value of $2a + 2b$

13. If $z = -10$, find the value of $p^2 - 2p - 100$

14. Write $\frac{2}{5}$ as percent.

15. Convert 0.45 to percent.

16. Find the ratio of 5km to 500 m.

17. Find 20% of 700 m.

18. In a hospital, 20% are nurses, 10% are doctors and remaining are patients. What percent are patients?

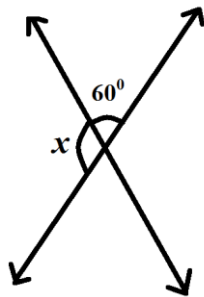
19. Lobsang sister wants to make Fried rice, she takes 3 parts rice and one part vegetables. What percentage would be rice?

20. Evaluate : $14 \div [(-9) + 2]$

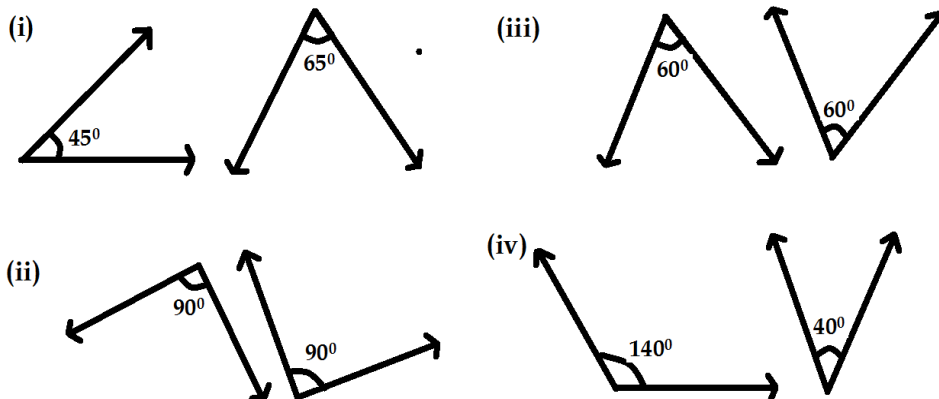
21. Find the product of: -15 and 5.

22. Find : 0.05×7

23. Find the value of x .



24. Which of the following pairs of angles form a linear pair?



25. Fill in the blanks:

(a) $-3 \times \underline{\hspace{1cm}} = -27$

(b) $-35 + (-5) = \underline{\hspace{1cm}}$

(c) $-20 \times (-3) = \underline{\hspace{1cm}}$

26. Find the angle which is equal to its complement.

27. Solve : $\frac{2x}{3} - 1 = 5$

28. List three Rational numbers between -2 and -1.
29. Determine the integer whose product with (-1) is :
- (a) 0 (b) - 45
30. Draw a number line and represent the Rational number $\frac{-5}{4}$ on it.

5. SCIENCE

The following are the core Units in the Class 7 Science curriculum (NCERT):

- 1: Nutrition in Plants
- 2: Nutrition in Animals
- 3: Heat
- 4: Acids, Bases and Salts
- 5: Physical and Chemical Changes
- 6: Respiration in Organisms
- 7: Transportation in Animals and Plants
- 8: Reproduction in Plants
- 9: Motion and Time
- 10: Electric Current and Its Effects
- 11: Light

Chapters Covered for Winter Assignment

- Chapter 1: Nutrition in Plants
- Chapter 2: Nutrition in Animals
- Chapter 3: Heat
- Chapter 5: Physical and Chemical Changes

General Instructions

- 1: Write all answers neatly in a science assignment notebook
- 2: Diagrams must be pencil-drawn and labelled
- 3: Revise definitions and diagrams regularly
- 4: Submission after winter vacation

Week 1 to 4: Life Processes

Topics Covered

- Chapter: 1 Nutrition in Plants
- Chapter2: Nutrition in Animals

Assignments

Project: Leaf Observation

Q1: Draw diagrams showing different types of leaves.

Q2: Write steps of *photosynthesis* and factors affecting it.

Q3: Explain how plants make their food.

Comparative Study

Q1: Compare nutrition in humans, herbivores, and amoeba.

Week 5 to 8: Heat and Matter Changes

Topics Covered

- Chapter 3: Heat
- Chapter 5: Physical and Chemical Changes

Assignments

Q1: Record temperature (morning/evening) for 5 days.

Q2: Explain: conduction, convection and radiation with real life examples.

Q3: Differentiate between physical change and chemical changes
(e.g., melting ice vs burning paper).

*** In case of any doubt, you may contact this no. (9627178400) ***

6. HINDI

प्रश्न 1 अ से अः तक लिखिए, जैसा नीचे लिखा है:
(Each lines must write 10 times per day with good hand writing)

अ आ इ ई उ
ऊ ऋ ए ऐ ओ
औ अं अः

प्रश्न 2 क से झ तक लिखिए, जैसा नीचे लिखा है:
(Each lines must write 10 times per day with good hand writing)

क ख ग घ ङ
च छ ज झ ञ
ट ठ ड ढ ण
त थ द ध न
प फ ब भ म
य र ल व श
स ष ह क्ष त्र
ज्ञ
